

Institute of Continuing Education

## Short Courses

August 2020 – July 2021



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# Welcome

Welcome to the short courses programme at the University of Cambridge Institute of Continuing Education (ICE). The Institute offers a wide range of courses for adults of all ages. You can study for half a day, a day, a weekend, a week, a year, online or face-to-face: anything from a short course to a full Master of Studies degree.

Our aim is to form supportive communities of learning where approachable expert teachers and adult students work together as peers to achieve personal and collective educational goals.

You will join like-minded people who may be curious about a new subject, or have an ongoing passion for a particular subject area.

Recognised for their excellent teaching, fascinating subject matter, and inspiring speakers our short courses attract new and returning students.

There is a wide variety of courses to choose from for both personal enrichment and professional development. This booklet provides information on all of the short courses on offer between August 2020 and July 2021. Please see the full details, course descriptions and details of how to apply on our website (see page 75 for details).

Although each course is standalone, there are opportunities to combine courses to enhance your learning experience. Our courses may be short, but the impact of even the shortest can be far-reaching.

We look forward to welcoming you here!



**Dr James Gazzard,**  
Director of Continuing Education  
University of Cambridge Institute of Continuing Education



## Study at Cambridge wherever you are in the world

If you want flexibility, or are not within easy reach of Cambridge, why not try one of ICE's online courses? You will receive personal feedback on your work from an expert tutor, and join a growing community of learners on our Virtual Learning Environment (VLE).

Find out more at [www.ice.cam.ac.uk/online](http://www.ice.cam.ac.uk/online)



# Why study with us?

Whether studying for personal interest or professional development, join adults from all over the world to be taught by experts in a broad range of subjects.

## **An exceptional team of tutors**

You will have the chance to learn from some of our finest academics and experienced professionals. Our tutors devise and deliver their courses using their own individual teaching style to best suit their subject, with support from our subject-specialist Academic Directors. Together, they work to produce the diverse course offering available at ICE.

## **A sense of community**

Studying with us not only feeds your love of learning but also expands your networks: both social and professional, allowing you to become part of a unique learning community.

Being part of a group of intellectually-curious adults from all walks of life means there is no shortage of people willing to share new ideas and opinions. Discussion and debate bring the subjects to life, conventional wisdom is challenged and fresh possibilities are explored. Peer-to-peer learning is key and inquiry and interaction are encouraged.

Our aim is to make the learning environment a welcoming, supportive and rewarding one for all, regardless of educational background. You might be exploring a new discipline for the first time, finding your way back into education, or taking an in-depth dive into

the subject you have been passionate about for a long time. Alternatively, you might be a professional looking to progress or change your career path.

Whatever your motivation for study, all are welcome, and staff are always on hand to ensure you are supported throughout your course.

## **A range of study pathways**

There are plenty of opportunities at ICE to further your studies whether that is for personal enrichment or professional development. Many of our students start with a short course and go on to study award-bearing courses with us.

Our International Summer Programmes, held in Cambridge, offer an intensive one- to six-week learning experience and the opportunity to immerse yourself in academic study that will broaden your knowledge and skills.

If you have limited time, or are further afield, one of our online courses may be more appealing. From creative writing to forensic science and everything in between, we offer a wide range of subjects to suit your goals.

If you would like to gain a professional qualification, we offer undergraduate certificates and diplomas, postgraduate awards and Master of Studies (MST) degrees.

# The learning experience

Studying at ICE is characterised by sociable groups of committed students in welcoming and respectful classrooms.

## Our students

We welcome adults of all ages and backgrounds to ICE. Some of you may not have been in a classroom for many years whilst others may have various qualifications. Each student at ICE will have their own story and their own motivations to study. Together you bring a fascinating mix of ideas and experience.

## Class format and size

You will be encouraged by your tutors to discuss, debate and develop your own understanding of the topics raised in class. Our classes facilitate peer-led discussions of knowledge and ideas that sparks transformative ways of thinking where beliefs are challenged, knowledge is updated and established ways of thinking are re-evaluated. The average class size is 13 students but varies across courses with the maximum number of

attendees around 25-30. Our classes are designed to be the optimal size to encourage group interaction and provide a more personal learning experience. There is very rarely any required reading in advance, although our tutors do often suggest further reading for those who wish to increase their knowledge of the subject. With the exception of language courses, all short course are taught in English. Our classes are open access and do not require prior qualifications.

## Certificate of attendance

At the end of the course you can request a certificate of attendance. Certificates need to be requested via email to [shortcourses@ice.cam.ac.uk](mailto:shortcourses@ice.cam.ac.uk) and are usually sent within two to three weeks. Please note that certificates can only be supplied following 100% attendance on the course.

## Share your feedback

We always welcome your feedback to improve the student experience and to help us when planning future courses.

If you have any comments or ideas, please email [shortcourses@ice.cam.ac.uk](mailto:shortcourses@ice.cam.ac.uk)





“The setting: the ambience, peace and glorious environment are, in my view, unbeatable. All the supporting staff, without exception, have been lovely too – courteous and patient and helpful.”

Sally

# Course formats

We design our courses to make them as flexible and accessible as possible.

Our courses come in a variety of formats. From half-days, to day schools in the week and at weekends, to week-long retreats there is something to suit everyone.

The formats listed offer a guide as to what you may expect, but please check the course pages of our website for full details of course timings.

## DAY SCHOOL / 2-DAY COURSE / 3-DAY COURSE

**Start:** 10am

**End:** 5pm

**Teaching sessions:** 4 x 75 minutes per day

**Accommodation:** Available to book three months before the course.

**Includes:**

Tea, coffee and biscuits.

Lunch: Buffet lunch.

## TUESDAY COURSES

**Morning sessions:** 10am – 1pm

**Afternoon sessions:** 2pm – 5pm

**Teaching sessions:** 4 x 75 minutes per day

**Accommodation:** Not applicable

**Includes:**

Tea, coffee and biscuits.

Lunch is not included in the fee, but sandwiches or light meals are available to purchase.

You can choose whether to study for the whole day, or simply for a morning or afternoon. These study days are intended to introduce new ideas, often showcasing a variety of tutors and disciplines. Tuesday courses will be available on our website at [www.ice.cam.ac.uk/super-tuesdays](http://www.ice.cam.ac.uk/super-tuesdays) from May 2020.

## WEEKLY COURSES

A selection of weekly evening courses will be taught in the centre of Cambridge and sometimes Madingley. These courses will run over five weeks, from May, with 90 minutes of teaching per week. There is also a refreshment break for networking.

More details will be available on our website at [www.ice.cam.ac.uk/shortcourses](http://www.ice.cam.ac.uk/shortcourses) from 1 May 2020.

*See pages 9 & 72 (accommodation and fees) and our website for further information.*

## Weekend courses

A typical weekend begins with a relaxed dinner on the Friday evening, followed by the first teaching session. You then have an opportunity to unwind and meet other students, before heading off to bed.

Teaching recommences the next day after breakfast. Sessions include breaks to allow for conversation and discussion over refreshments. On Saturdays there is time to explore the beautiful landscaped grounds.

Saturday lunch is a served buffet. The evening meal is at 6.30pm, followed by an evening session at 8pm.

On Sunday, the weekend ends with a served buffet lunch. A warden will be available at the weekend if you have any queries during your stay.

### SHORT WEEKEND

**Start:** 3pm Saturday

**End:** 3.15pm Sunday

**Teaching sessions:** 6 x 75 minutes

**Accommodation:** Available to book

**Includes:**

Tea, coffee and biscuits.

Lunch: Buffet lunch.

Dinner: Saturday.

A full breakfast on Sunday (for students staying overnight at Madingley Hall).

### WEEKEND

**Start:** 7pm Friday

**End:** 2pm Sunday

**Teaching sessions:** 7 x 90 minutes

**Accommodation:** Available to book

**Includes:**

Tea, coffee and biscuits.

Lunch: Buffet lunch on Saturday.

Dinner: Friday and Saturday.

A full breakfast on Saturday and Sunday (for students staying overnight at Madingley Hall).

### LONG WEEKEND

**Start:** 4pm Friday

**End:** 2pm Monday

**Teaching sessions:** 12 x 90 minutes

**Accommodation:** Available to book.

**Includes:**

Tea, coffee and biscuits.

Lunch: Buffet lunch on Saturday, Sunday and Monday.

A full breakfast on Saturday, Sunday and Monday (for students staying overnight at Madingley Hall).

## Professional development

Professional development courses in this programme are denoted by this symbol.





“It is always a great experience for me to come to Madingley Hall. When I'm there I feel immersed in an inspiring atmosphere and I enjoy every moment of my stay.”

Annalise

# Madingley Hall

Set in eight acres of beautiful gardens and parkland, 16th century Madingley Hall is a wonderful place to study and stay.

## The Hall and gardens

Many of the historic rooms in the Hall are used for teaching, and you are very welcome to explore during your time at Madingley.

Full of character and history, our gardens were designed in the 18th century by Lancelot 'Capability' Brown. You are encouraged to take full advantage of these beautiful surroundings; taking a stroll around the gardens is the perfect way to relax and unwind or carry on learning-related conversations.

Tours of the Hall and gardens can be arranged for small groups.

For more information, get in touch at [enquiry@madingleyhall.co.uk](mailto:enquiry@madingleyhall.co.uk).

## Food and drink

A choice of hot and cold buffet lunches are included in the tuition fee for day schools and those studying on weekend residential courses enjoy more formal College-style dinners. Whether served in the splendour of the dining hall, or one of our other characterful rooms all food is seasonal, ethically produced and locally sourced, wherever possible.

## Accommodation

Our on-site accommodation is within Madingley Hall, surrounded by a fine landscaped garden. Comfortable and convenient, you can relax in one of our

en-suite study bedrooms. Twin and double rooms are available if you wish to share, or to bring a guest. We also offer a breakfast buffet for those who choose our bed and breakfast option. Our chefs are very happy to cater for specific dietary requirements.

We hold a certificate of excellence from TripAdvisor and a 5\* campus award from VisitEngland.com.

Find out more at [www.madingleyhall.co.uk](http://www.madingleyhall.co.uk)

## Sustainability

Green Impact is an environmental accreditation scheme for UK universities, and we are very proud to have attained the highest ranking – platinum – for our efforts in reducing environmental impact across the Institute. From our sustainable food and complementary shuttle bus to reducing our paper use, we are continually reducing our carbon footprint.

We have recently launched a carbon reduction initiative to offset 1,500 tonnes of carbon emissions. We will support projects in the UK, India and the Amazon rainforest including; tree planting, reducing deforestation, and the installation of renewable energy sources.

We are always happy to receive ideas for further improvement.



### Latest course updates

Although we aim to give as much information as possible in this prospectus, new courses and events are being added all the time. Our website is where they first appear and the best place to look [www.ice.cam.ac.uk](http://www.ice.cam.ac.uk)

Tuesday and weekly courses will be confirmed on 1 May 2020 – please email [shortcourses@ice.cam.ac.uk](mailto:shortcourses@ice.cam.ac.uk) to join our mailing list and be kept up to date\*.

*\*We will only send information relevant to ICE.*

# Ancient, Classical and Archaeology

## DAY SCHOOL £115

**15 August 2020** 2021NDX001

### Tombs, texts and the realm of the dead

*Dr Nigel Strudwick*

Explore the ancient Egyptian world through Egyptian tombs. Through study of these in Luxor, the course will introduce hieroglyphs and some common formulae that the Egyptians used to try to ensure safe passage for their nobles and their families through the realm of the dead.

## DAY SCHOOL £115

**13 September 2020** 2021NDX004

### Beginner Latin: Pompeii

*Dr Anna di Giovannantonio*

Is there a modern equivalent to Pompeii and life in the Forum? This gentle introduction to Latin offers a view of the Forum from those who lived in Pompeii and discusses the range and importance of activities there. Studying Virgil and other authors in translation brings the Roman world to life. No previous knowledge of Latin is required.

## WEEKEND £310

**16 – 18 October 2020** 2021NRX018

**12 – 14 February 2021** 2021NRX044

**25 – 27 June 2021** 2021NRX066

### Reading Classical Greek: continuing beginner

*Dr Janet Watson et al.*

The continuing beginner's course will introduce you to the basic elements of Classical Greek grammar through reading passages adapted from ancient Greek authors using the JACT Reading Greek course (CUP, 2nd edition, 2007). Each weekend builds on the progress achieved in the previous one.

## WEEKEND £310

**16 – 18 October 2020** 2021NRX019

**12 – 14 February 2021** 2021NRX045

**25 – 27 June 2021** 2021NRX067

### Reading Classical Greek: intermediate

*Dr Janet Watson et al.*

These courses present light-hearted yet academically rigorous adventures in ancient Greek literature for students wanting to explore the original Greek of major authors like Homer and Herodotus, Sophocles and Thucydides, Euripides and Plato. Some previous knowledge is necessary (e.g. A-level, or degree).

**WEEKEND** **£310**

**16 – 18 October 2020** 2021NRX020  
**12 – 14 February 2021** 2021NRX046  
**25 – 27 June 2021** 2021NRX068

**Reading Classical Greek:  
advanced***Dr Janet Watson et al.*

These courses will appeal to those with a confident grasp of the fundamentals of Classical Greek and who want to explore a wide range of ancient Greek texts in their original language. Through reading Sophocles, *Odyssey*, Herodotus we will concentrate on securing and developing the fundamentals of the language.

**WEEKEND** **£310**

**13 – 15 November 2020** 2021NRX025

**Moonlight on Stonehenge and  
other stone circles***Professor David Jacques*

This course allows us to discuss the 'big questions' about stone circles and their landscape: Why are they where they are? What were they for? Where did their builders come from? Looking at new discoveries at The Ness of Brodgar, Stonehenge, Knowth and the Mull Circle, we will examine Neolithic and early Bronze Age monumentalisation of their landscapes.

**WEEKEND** **£310**

**27 – 29 November 2020** 2021NRX028

**Reading Classical Latin:  
intermediate***Dr Christine Spillane et al.*

Have you ever wished to refresh your Latin or improve your understanding of the grammar and syntax of the language? Perhaps you have an O Level or GCSE in Latin, but want to progress to reading a complete text? Studying a continuous piece of adapted prose (a version of *The Millionaire's Dinner Party*) will help you refresh your grammar and syntax.

**WEEKEND** **£310**

**27 – 29 November 2020** 2021NRX029

**Reading Classical Latin:  
advanced***Dr Christine Spillane et al.*

It is 218 BC: Hannibal marches across Gaul, over the Alps and into Italy where he inflicts two defeats upon the Roman army. Read how the second Punic War began in Livy's vivid account of Hannibal's journey in Book 21 (Chapter 21 onwards) of his *History of Rome*. We shall seek to capture Livy's words in a group translation while appreciating the historian's style.

**DAY SCHOOL** **£115****31 January 2021** 2021NDX018**Beginner Latin: Aeneas and the elements of Latin***Dr Charles Weiss*

In this one-day course, we will seek to get a better understanding of the figure of Aeneas from Homer and myth all the way to Virgil. We will get an overview of the Latin language and pick up some Latin vocabulary along the way.

**WEEKEND** **£310****26 – 28 March 2021** 2021NRX052**Reading Classical Latin: advanced***Dr Christine Spillane et al.*

Spend the weekend amid the rustic scenery and characters of Virgil's *Eclogues*. Virgil's early verse take us into a mythical world inhabited by shepherds and goatherds, but there is more than a hint of the real world in these pastoral poems. Together we shall try to create a modern translation, delighting in a very different Virgil from the poet we meet in the *Georgics* and the *Aeneid*.

**WEEKEND** **£310****26 – 28 March 2021** 2021NRX055**Dark heritage of WWII***Dr Gilly Carr*

This course introduces students to the concept of 'dark heritage', which focuses on our dark and difficult past. Examining sites of death, destruction and atrocity, such as Auschwitz, Ground Zero, and places across Europe associated with war, we will discuss what solutions are possible now, at a time in world politics when effective heritage responses to past conflicts are needed more than ever.

**WEEKEND** **£310****26 – 28 March 2021** 2021NRX051**Reading Classical Latin: intermediate***Dr Christine Spillane et al.*

This course is designed for those who feel ready to read unadapted Latin but still want to build their knowledge and confidence in the grammar and syntax of the language. We shall use a selection of texts (both prose and verse) with a running vocabulary: text will be provided for downloading. There will be ample opportunity to discuss grammar and syntax while appreciating the texts.

**WEEKEND****£310****21 – 23 May 2021**

2021NRX060

**Archaeology and folklore***Dr Trish Biers*

In this course folklore and archaeology weave together to uncover the true histories behind some of the most famous fairy tales and superstitions in the past. We will separate fact from fiction while examining actual artefacts and skeletal remains from burials related to witchcraft, sorcery, human-animal transformation, and a bit of pseudoscience that occurs in archaeology.

**WEEKEND****£310****2 – 4 July 2021**

2021NRX070

**Learn to read ancient Egyptian Hieroglyphs***Dr Sarah Symons*

The ancient Egyptian hieroglyphic script is beautiful and intriguing. This course, in workshop format, will help you begin to read hieroglyphics, or give you the opportunity to practise or widen your skills. You will learn about the language behind the script and will very quickly begin to read real objects from museums and ancient sites.



# Art, Architectural and Garden History

## LONG WEEKEND **£480**

**14 – 17 August 2020** 2021NRX004

### A floral feast: flowers in art, culture and gardens from the ancient world to the modern

*Caroline Holmes  
Twigs Way*

A celebration of flowers – in science, as symbols of politics and power, in books and in borders. We consider the importance of flowers from the ancient world to the modern through floral art of all kinds, from the Elizabethans to the Impressionists and from 18th century botanists to Edwardian designers.

## RETREAT **£995**

**17 – 22 August 2020** 2021NTX089

### The Silk Route

*Dr Susan Whitfield  
Dr Francis Woodman et al.*

After a break of eight years, we return to the endlessly fascinating topic of The Silk Route. The various Silk Routes from China and the Middle East were synonymous with wealth and luxury. Silk, carpets, lapis lazuli, spices and glass competed for attention with porcelain, jewels and exotic metalwork. This programme brings together experts from the worlds of art and architectural history, archaeology, history, politics, culture and trade to provide an insight into the lives of those living along the Silk Route, and those who traded with them.

## WEEKEND **£310**

**11 – 13 September 2020** 2021NRX009

### Introduction to 20th century architecture

*Dr Sarah Pearson*

Western architecture underwent profound change in the 20th century. From its beginnings in the rustic simplicity of the Arts and Crafts movement, architecture evolved as a response to war, reinventing the possibilities of form with modern materials and technological advances. We examine this evolution through many of the emerging architectural styles and key buildings of the 20th century.

## DAY SCHOOL **£115**

**4 October 2020** 2021NDX007

### One day, one master: Artemisia Gentileschi

**3 FOR £300  
OFFER**  
see p62

*Dr Aleksandra Koutny-Jones*

The most renowned female artist of the 17th century, Artemisia Gentileschi worked across Italy and, briefly, in London. The first woman member of the Artists' Academy in Florence, her skilful rendering of three-dimensionality and an ability to convey dramatic intensity made her artwork popular with many elite European patrons of her day. We examine her work and life in greater depth.

**WEEKEND** **£310****16 – 18 October 2020** 2021NRX021**Garden history: skill and ingenuity***Caroline Holmes**Twigs Way*

Earlier and earlier evidence is emerging of how horticultural tools and practices manipulated the Earth into patterned fecundity and artistic symmetry, to satisfy the human need for order and control. We will see how this evidence is instantly identifiable in geometrically-planned gardens, but can equally be applied to larger landscapes, fine-tuned for beauty and profit.

**WEEKEND** **£310****13 – 15 November 2020** 2021NRX022**Early Netherlandish art in the later 15th century***Dr Sophie Oosterwijk*

This course offers an introduction to early Netherlandish art within its cultural, socio-historical and religious context at the time of Van der Weyden, Memling, the Burgundian court and the rising bourgeoisie. We will study style, materials, iconography, and patronage, as well as other media, especially manuscript illumination and printing.

**WEEKEND** **£310****11 – 13 December 2020** 2021NRX031**The body in Art***Jo Rhymer*

How have realist depictions of the naked body versus those of the idealised, academic nude transgressed and transformed modern art? Focusing on 19th century art to the present, notions of beauty, allegory, voyeurism and anxiety are examined in a range of works by artists including Courbet, Degas, Caillebotte, Rodin, Valadon, Pollock and Hatoum.

**DAY SCHOOL** **£115****10 January 2021** 2021NDX016**One day, one master: Henri Matisse***Jo Rhymer*

This course explores a range of fascinating works from early Fauvist paintings to the cut-outs of Matisse's later career. We consider the wide-ranging influences on his art of Japanese prints, and Middle Eastern and African artefacts, together with his knowledge of Impressionism and colour theory. How does experimentation with colour, shape and spatial illusion make him one of the greatest artists of the 20th century?

**3 FOR £300  
OFFER**  
see p62

**WEEKEND** **£310****29 – 31 January 2021** 2021NRX038**The golden age of Danish art,  
1815–1850***Dr Jan Cox*

The Danish Golden Age (c.1815–50) produced a generation of brilliant young artists equal to any in Europe. Decades before the Impressionists, they painted modern life: the streets and ramparts of Copenhagen by Købke, superb portraiture by Bendz, and wonderful sketches of Rome by their mentor Christoffer Eckersberg.

**WEEKEND** **£310****16 – 18 April 2021** 2021NRX059**Garden history: art and craft***Caroline Holmes**Twigs Way*

We explore the roots of garden 'arts and crafts' in dreams of Eden, in flowering meads and in drifting borders. The visions evoked are those of gardens and vernacular architecture, and of names such as William Robinson, William Morris and Gertrude Jekyll. Does a notion of effortless informality manacle gardeners to the past?

**SHORT WEEKEND** **£200****13 – 14 March 2021** 2021NRX084**Art and architecture of the Tudors***Dr Sarah Pearson**Dr Christina Faraday*

The English Tudor period was a time of relative prosperity, with an increase in personal wealth reflected in conspicuous consumption and significant artistic patronage. We address both the artistic and architectural patronage of the Tudors, exterior and interior decoration, material culture and building contents. We make a focused study of the architectural design of Madingley Hall.

**DAY SCHOOL** **£115****3 July 2021** 2021NDX029**Leonardo da Vinci: red and white  
chalks with iron gall ink***Nabil Ali*

Throughout history, artists have taken great pleasure in formulating their paint, with some Masters known for using specific colours and pigments. Discover how paint and ink are made from plants and organic materials by recreating ancient processes using documented recipes from historical manuscripts and classical sources. Fresh ink made from oak galls produces a dense black, which, coupled with red and white chalks, recreates the colour used by Leonardo in his drawings.

**DAY SCHOOL** **£115****4 July 2021** 2021NDX030**One day, one master:  
Leonardo da Vinci****3 FOR £300  
OFFER**  
see p62*Dr Lucia Tantardini*

This course explores the art of Leonardo da Vinci, putting his work in the context of his time, and exploring how his influence continued through the work of the Leonardeschi, and with artists such as Aurelio Luini.

**WEEKEND** **£310****9 – 11 July 2021** 2021NRX073**Garden history: Cambridge  
and walking the landscape at  
Maddingley***Caroline Holmes  
Twigs Way*

A weekend using the gardens and landscape at Maddingley Hall as microcosms of the development of landscape and garden design for the last 500 years. We will study visual evidence in the form of maps, the buildings and its current setting. The plants offer evidence of the international nature of our gardens. We will conclude with a visit to the University Botanic Gardens in Cambridge.

**WEEKEND** **£310****9 – 11 July 2021** 2021NRX072**Art, design and Edwardian society***Dr Justine Hopkins*

An exploration of the Edwardian age in all its diversity: glittering coda to Victorian imperialism and restless crucible of the modern age. The course considers the achievements of this contradictory period through the work of its principal artists, designers, architects and writers; from Sargent, Lutyens and Kipling to the Bloomsbury Group and Walter Sickert.

**WEEKEND** **£310****16 – 18 July 2021** 2021NRX078**From meadows to mountains:  
Dutch landscape painting in the  
Golden Age***Dr Sophie Oosterwijk*

Landscape painting was a major genre in Dutch painting of the Golden Age. Many artists became specialists and others included landscape backgrounds in their genre and history scenes. The variety of subjects and styles is startling: we find townscapes, forests, meadows, river scenes and marine painting by artists ranging from Rembrandt to Ruisdael.

# Business and Entrepreneurship

## DAY SCHOOL £210

**23 October 2020** 2021NDX414  
**16 April 2021** 2021NDX430

### Wellbeing at work

*Laurie Parma*

This course is rooted in the psychology of wellbeing and organisational science, to convey the essential elements of collaborative, resilient and thriving workplace culture. A strong focus on the neuroscience of change management provides both a methodology for active culture design and the means to implement it.

## DAY SCHOOL £295

**2 November 2020** 2021NDX419  
**14 June 2021** 2021NDX421

### Understanding Government for business

*Professor Colin Talbot*  
*Dr Carole Talbot*

All businesses have to deal with government regulations but increasingly businesses need to engage with government itself. This course introduces, in an interactive, responsive and hands-on way, how British government works. We will explore the tools of government, their impact on your business and how you can engage with them more proactively.

## 2-DAY COURSE £590

**30 – 31 October 2020** 2021NDR402  
**21 – 22 May 2021** 2021NDR403

### Fundamentals of building a financially viable business

*Alisa Barcan*

Building a business requires people to wear many hats. Being an expert in your field is only half of the equation. The other half implies skills that you might have not been taught or are confident doing: including marketing, sales, financial management, networking, and strategic thinking.

## DAY SCHOOL £210

**20 November 2020** 2021NDX417  
**11 June 2021** 2021NDX437

### Introduction to employment law

*Anne Adamson*

Are you responsible for people at work? Managing staff can be rewarding but challenging, particularly when trying to understand the legal rights and obligations of employers and employees. This course explains the foundations of employment law from both a theoretical and practical perspective.

**DAY SCHOOL** **£295**

**7 December 2020** 2021NDX420  
**5 July 2021** 2021NDX422

### Understanding Government for public sector professionals and managers



*Professor Colin Talbot*  
*Dr Carole Talbot*

A course designed to help busy public sector professionals and managers understand how British government works – both the big picture and the ‘nuts and bolts’ of policy making. In a very interactive, responsive and hands-on way, we will explore the ‘tools of government’ and ways to deploy them in making policy – as well as the various institutions and actors involved.

**DAY SCHOOL** **£210**

**5 February 2021** 2021NDX426  
**2 July 2021** 2021NDX439

### How to master your marketing



*Kim Arnold*

Today’s world of marketing can be intimidating and bewildering. With so many options out there, it is hard to know which strategies will work and which will fall flat. This straight-talking, step-by-step course presents the fundamentals of great marketing and will show you how to build an effective marketing plan to bring in more clients.

**DAY SCHOOL** **£210**

**11 December 2020** 2021NDX424  
**4 June 2021** 2021NDX436

### How to build a stand-out brand for your business



*Kim Arnold*

Do you find it hard to explain what you do in just a few words? Do you worry about how to stand out in a crowded market? This course removes the mystery around the term ‘brand’ and provides simple, step-by-step techniques to building a unique brand that represents you.

**2-DAY COURSE** **£420**

**29 – 30 March 2021** 2021NDX428

### Analysing business risk: Introductory quantitative methods



*Dr Sooter Nomhwange*

Economic uncertainty will unavoidably bring unpredictable business exposure to risk. Coping with risk would mean that corporations and most business professionals would require new sets of skills and risk tools. This course provides a doorway into quantitative risk management, with a keen focus on linking business risk to business profitability. How can businesses stay profitable in an uncertain and risky economic climate?

**DAY SCHOOL****£115****16 April 2021**

2021NDX231

**Creative communication:  
writing for business and finance***Josie Cox*

During this practical and interactive day school, we will examine a variety of case studies to explore how writing can be both informative and creative. We will look at how different writing techniques that draw on the human side of business journalism and financial reporting can be used to create engaging copy.

**2-DAY COURSE****£420****26 – 27 April 2021**

2021NDX432

**International business  
strategy: an introduction***Dr Sooter Nomhwange*

Cross-border business by corporations and countries remains one of the most viable sources of economic growth. Domestic businesses and professionals working for large multinationals need to develop insight into international business challenges. This course covers the essentials of multinational structure and internationalisation with up-to-date and practical knowledge.



# Coaching and Management

## DAY SCHOOL

£210

<b>1 August 2020</b>	2021NDX410
<b>7 December 2020</b>	2021NDX423
<b>2 April 2021</b>	2021NDX429

### Imposter syndrome

*Roger Fielding*

Have you ever wondered if you will be found out? Have you been just 'lucky' to get to where you are? In addition to addressing the psychology and neuroscience of imposter syndrome, this course will also explore practical ways to address and overcome it, and, finally, to embrace the authentic and capable person within.

## DAY SCHOOL

£210

<b>27 February 2021</b>	2021NDX409
<b>7 July 2021</b>	2021NDX408

### An introduction to coaching

*Dorothy Foote*  
*Dr Gillian Stevens*

Coaching is an increasingly popular and widely used approach to developing people in their working and personal lives. This introductory course will provide an understanding of the nature of coaching and introduce you to the key skills and techniques in both organisational and personal development settings.

## DAY SCHOOL

£210

<b>9 October 2020</b>	2021NDX405
<b>7 May 2021</b>	2021NDX406

### Growing a coaching nature



*Margaret Walsh*

Are you a practicing coach who would like to coach in a more holistic way? Have you ever thought about integrating nature into your coaching practice? A core part of this course is working in nature to create a wider perspective on how to use your sensory awareness to grow and develop your coaching style. Let nature inform and enhance your skill and knowledge as a coach.

## DAY SCHOOL

£210

<b>14 October 2020</b>	2021NDX401
<b>10 February 2021</b>	2021NDX403

### Sport and exercise coaching science

*Professor Monèm Jemni*

Are you interested to learn about the coaching science behind different sports and exercise? If so, this introductory course is for you. This course is designed to provide you with the basic theoretical knowledge to understand how to coach across all ages.

**DAY SCHOOL** **£210**

**16 October 2020** 2021NDX411  
**21 May 2021** 2021NDX435

**Developing your coaching relationships** *Margaret Walsh*

Coaching focuses on the vast inner world which is hidden from view. Skimming the surface of issues results in superficial and short-term changes. This course begins to equip students to work at greater psychological depth. The ability to notice more improves the quality of the coaching and makes transformational change possible.

**DAY SCHOOL** **£210**

**21 October 2020** 2021NDX412  
**22 April 2021** 2021NDX431

**Team coaching** *Sally Bernham*

Are you beginning to notice the limitations of developing only individuals and recognising that coaching the team may have greater impact? This practical one-day introduction to team coaching offers insights into how the techniques and approaches to choosing teams can develop lasting high performance.

**DAY SCHOOL** **£210**

**16 November 2020** 2021NDX416  
**27 February 2021** 2021NDX427

**Coaching for managers: an introduction** *Roger Fielding*

This practical course will introduce managers to a coaching approach and a range of coaching techniques to support and develop team members. Learn how to raise confidence, motivation and engagement, and develop a proactive attitude of continual improvement for higher performance.

**DAY SCHOOL** **£210**

**27 November 2020** 2021NDX418  
**21 May 2021** 2021NDX434

**Coaching supervision: an introduction** *Sally Bernham*

As a coach, are you maximising the opportunities for developing your reflective practice to enhance your coaching through supervision? This one-day introductory session for coaches will offer an introduction to reflection and approaches to supervision through practical opportunities to participate in peer supervision.

**3-DAY COURSE****£1950****2 – 4 March 2021**

2021NDR401

**Leading and coaching across cultures** *Professor Philippe Rosinski*

Accredited by the International Coach Federation (ICF), this course will allow you to leverage cultural differences of all kinds to promote creativity, boost performance and enable unity with individuals, teams and organizations. On completion you will become certified to use the Cultural Orientations Framework (COF assessment), a roadmap to navigate the cultural terrain.

**2-DAY COURSE****£590****4 – 5 March 2021**

2021NTX401

**Coaching intensive: reboot** *Roger Fielding*

Have you been coaching for some years? Are you hungry for new ideas? Do you want some peer-to-peer learning to boost your effectiveness? Sharing best practice within the group, this course will focus on achieving good results for your clients and explore measurements of success. Ideas, skills and practical tools will be discussed for use in immediate coaching practice.



# Creative Writing

## LONG WEEKEND **£480**

**7 – 10 August 2020** 2021NRX005

### How to write a play in three days

*Abigail Docherty*

Ever wanted to write a play but not quite got past the first scene? Come and explore fun and productive playwriting techniques, and leave with a short play draft, or the outline for a longer piece to work on at home. We look how to structure a play so that it leaps off the page, how to write characters that will move your audience, and how to find your unique dramatic voice.

## RETREAT **£515**

**15 – 21 August 2020** 2021NRX205

**14 – 20 February 2021** 2021NRX206

**11 – 16 July 2021** 2021NTX208

### Creative writing retreat

*Dr Sarah Burton*

*Professor Jem Poster*

Held in the historic setting of Madingley Hall, our creative writing retreats are designed for those who 'just want to write'. You will form part of a supportive community of writers who can take advantage of the time and space away from normal routine to finish, or perhaps even start a new writing project. Optional morning workshops are on offer to all participants. One-to-one supervisions with professional writers are available at an additional cost.

## WEEKEND **£310**

**11 – 13 September 2020** 2021NRX008

### Writing the news

*Tony Padman*

Would you like to write articles for your local newspaper, magazine, or community newsletter on a paid or voluntary basis? Or write for specialist magazines? They all need writers who have ideas and stories to tell. This course aims to show you how to contribute from your work or life experiences to the vast market that exists for news and feature articles.

## DAY SCHOOL **£115**

**17 October 2020** 2021NDX220

### The keys to creative writing: character

*Professor Jem Poster*

In this day school aimed at writers of novels and short stories, we will explore ways of breathing life into our characters and making them believable and interesting. We will also consider ways of introducing characters to the reader; the relative merits of 'showing' and 'telling'; and the relationship between character and plot.

**DAY SCHOOL** **£115****18 October 2020** 2021NDX221**The keys to creative writing: plot***Dr Sarah Burton*

We begin by asking what our story is about and go on to discover ways of creating compelling and effective narratives. We will consider what roles character and conflict play in plot development, and the difference between the story as it unfolds to the reader and the mechanics of unseen plot.

**DAY SCHOOL** **£115****14 November 2020** 2021NDX222**The keys to creative writing: time***Professor Jem Poster*

A relaxed yet focused course, aimed at those interested in writing short stories and novels. Through reading, discussion and practical exercises, we will consider the management of time, whether relating to the period in which the story is set or the framing of the narrative. For both beginners and established writers.

**DAY SCHOOL** **£115****15 November 2020** 2021NDX223**The keys to creative writing: place***Dr Sarah Burton*

Aimed at those writing short stories and novels, this course aims to give you the skills to add texture and atmosphere to your writing. Through reading, discussion and practical exercises, we will explore the idea of place not as an inert backdrop but as a vital force in our narrative.

**DAY SCHOOL** **£115****28 November 2020** 2021NDX224**Telling your family story***Derek Niemann*

Discover a fresh perspective on your own family story. We consider work from a wide range of writers of different backgrounds and nationalities, and the resources available for research. You will explore imaginative possibilities in documents, letters, everyday objects and places, leaving you inspired to write in creative and engaging ways.

**DAY SCHOOL** **£115****29 November 2020** 2021NDX225**Writing made easy***Menna van Praag*

During the day we will explore different techniques to release the creative juices and make writing fun. We will also consider how to live a creative life while juggling real life responsibilities so that you can continue to write with enjoyment and ease. Perfect for developing confidence within a supportive writing environment.

**DAY SCHOOL** **£115****13 December 2020** 2021NDX227**The keys to creative writing: narrative voice***Dr Sarah Burton*

Style – the way a story is told – is key to good fiction. In this day school, we look at ways of developing a narrative voice appropriate to stories we want to tell. We will consider how first and third-person narratives, and the use of multiple and unreliable narrators, can be successfully deployed.

**DAY SCHOOL** **£115****12 December 2020** 2021NDX226**The keys to creative writing: dialogue***Professor Jem Poster*

Through reading, discussion and writing exercises, we will discover how speech can be used to reveal character and drive plot forwards. We will look at how dialogue can enliven narrative, and how we can make it sound authentic. A relaxed but focused workshop for those interested in writing short stories and novels.

**DAY SCHOOL** **£115****30 January 2021** 2021NDX228**Historical fiction***Elizabeth Speller*

Historical fiction is extremely popular with readers and it has become accepted as a literary form equal to the best contemporary fiction. During the course of the day, we will look at the techniques and research that can turn the past into a compelling story.

**DAY SCHOOL** **£115****13 February 2021** 2021NDX229**Writing picture books***Pippa Goodhart*

We will look at a range of picture books, considering the market and audience for each. We will explore how to weave pictures and text together to bring a story to life when it is read aloud. We will also write and workshop our own stories, and discuss publication.

**DAY SCHOOL** **£115****16 April 2021** 2021NDX231**Creative communications: writing for business and finance***Josie Cox*

During this practical and interactive day school, we will examine a variety of case studies to explore how writing can be both informative and creative. We will look at how different writing techniques that draw on the human side of business journalism and financial reporting can be used to create engaging copy.

**DAY SCHOOL** **£115****27 March 2021** 2021NDX230**Exploring poetry through reading and writing***Elizabeth Speller*

A gentle yet inspiring course suitable for both beginners and established writers who are interested in developing confidence and expanding the range of their poetic voice. We will examine a variety of different poems and forms, listen to recordings, discuss the experience of writing, and of course, do some writing!

**DAY SCHOOL** **£115****17 April 2021** 2021NDX232**Writing for the modern media: how to write news articles***Tony Padman*

With over 25,000 newspapers, magazines and online publications, there is no better time to begin writing news articles. This introductory course will show you the basics of what makes a good news article and how to write it. Stories are everywhere, and the skills you develop will be much sought after!

**DAY SCHOOL** **£115****18 April 2021** 2021NDX233**Writing for the modern media:  
how to write feature articles***Tony Padman*

With over 25,000 newspapers, magazines and online publications, there has never been a better time to begin writing feature articles. This introductory course will show you the basics of what makes a good feature article, from developing an initial idea and conducting an interview, to writing and editing your feature.

**WEEKEND** **£310****21 – 23 May 2021** 2021NRX061**Introduction to creative writing***Derek Niemann*

If you would like to express yourself imaginatively in words, but don't know how to start or why you are getting stuck, this course will provide you with a breakthrough. We will use the Hall and beautiful grounds of Madingley as the inspiration for a stimulating weekend of non-competitive fun with words.

**LONG WEEKEND** **£480****30 April – 3 May 2021** 2021NRX090**Poetry masterclass:  
narrative drive in poetry***Roger Garfitt*

We consider how Hannah Sullivan's *Three Poems* and Robin Robertson's *The Long Take* generate an extraordinary narrative drive, embedding a moving personal odyssey within a vivid but unsparing dramatisation of city life.

**DAY SCHOOL** **£115****26 June 2021** 2021NDX234**The art of editing your novel***Menna van Praag*

We will discuss the stories we are currently working on and consider when might be the right time to edit – during the process of writing the first draft, or after? We will consider the rules for excellent editing and start to develop professional editing skills through practical exercises.

**LONG WEEKEND** **£480****2 – 5 July 2021** 2021NRX091**Write a short story in three days***Dr Sarah Burton*

The short story is a particularly exciting and increasingly popular form. Discover the art and craft of short fiction and develop skills and confidence in this long weekend course which includes classes focusing on aspects of the short story, time for writing and individual expert feedback.

**DAY SCHOOL** **£115****11 July 2021** 2021NDX236**Historical fiction***Natasha Pulley*

During the course of this day school, we will look at the origins of historical fiction and identify some key texts. We will also explore different writing styles and techniques that we can use in our own writing, and we will begin working on our own ideas that can be developed into longer stories.

**DAY SCHOOL** **£115****10 July 2021** 2021NDX235**Introduction to writing fantasy***Natasha Pulley*

Through a combination of lectures, discussion and writing exercises, we will explore key archetypes used in fantasy writing, and consider how using them can enrich an imaginary world. We will also look at the use of language and fantasy languages, and some of the many subgenres, including historical and whole-world high fantasy.



“I have nothing but praise for the teaching, the wonderful food and the efficient arrangements.”

Carolyn

# History

WEEKEND	£310
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**7 – 9 August 2020** 2021NRX002

## Britain in the 1960s

*Dr Colin Shindler*

Swinging London never reached Hartlepool and Mary Quant made little impact on Weston-Super-Mare. Optimism for the future combined with fear of nuclear annihilation. The 1960s were a decade of change and contradiction, but how do they appear from the vantage point of fifty years on?

WEEKEND	£310
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**11 – 13 September 2020** 2021NRX011

## 1620–2020 The anniversary of the *Mayflower*

*Dr Ian Chambers*

The pilgrims who arrived in America on the *Mayflower* are celebrated each year at Thanksgiving, but what was their story? Why did they leave England? How did they interact with the Native Americans? How did they go from simply surviving to actively thriving in the New World? Learn more about their history and narrative.

DAY SCHOOL	£115
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**17 October 2020** 2021NDX008

## The ABC of philanthropy

*Liz Carter*

Explore the life and philanthropic work of the amazing 19th century millionaires, Angela Burdett-Coutts. A friend of Dickens and the Duke of Wellington, supporter of a multitude of 'good causes' and the first woman to be made Baroness in her own right. Discover how she coped with unexpected wealth and stalkers, and found happiness in unexpected places.

WEEKEND	£310
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**27 – 29 November 2020** 2021NRX026

## Great Prime Ministers

*Dr Seán Lang*

The role of Prime Ministers has changed hugely since it was first developed in the 18th century. This course will look at the way the office has shaped and been shaped by looking at a series of great prime ministerial figures from Walpole, through the Victorian titans, to our own day.

**WEEKEND** **£310****16 – 18 April 2021** 2021NRX056**Out of the ashes of post-war Europe 1945–65***Dr Andrew Lacey*

In 1945, much of Europe lay in ruins and rapidly divided between communist East and capitalist West. Yet out of the ashes reconstruction took place. We look at some of the major themes of these 20 tremendous years, from the Cold War and the relationship with the USA, the beginnings of European Union, to the economic miracles of the 1950s and 60s.

**DAY SCHOOL** **£115****12 December 2020** 2021NDX014**The medieval English hospital***Professor Carole Rawcliffe*

Drawing upon archaeological, architectural and documentary sources, this course will examine the motives leading to the foundation of over 1,000 hospitals in England between c.1070 and the Dissolution. It will explore their religious, social and cultural significance, and investigate specific types of charitable institution, including leprosaria and almshouses.

**WEEKEND** **£310****29 – 31 January 2021** 2021NRX040**Zulu and Boer wars***Dr Seán Lang*

Why did Britain fight a series of wars in order to take control of southern Africa? This course will look at the mixture of vision, courage, chicanery, over-confidence, incompetence, aggression and naked lust for power and wealth that marked these hard-fought and highly controversial colonial conflicts.

**WEEKEND** **£310****12 – 14 March 2021** 2021NRX047**The Hollywood studios***Dr Colin Shindler*

We know all the introductions – the MGM lion, the Paramount Mountain, the Twentieth Century Fox searchlight. This is a short course analysing how the contract system for artists and technicians devised by the eight major studios made for an unparalleled creative environment that we now call the Golden Years of Hollywood.

**WEEKEND** **£310****21 – 23 May 2021** 2021NRX093**Constantine the Great:  
life and legacy***Professor Werner de Saeger*

This course will focus on the life, decisions and legacy of Roman Emperor Constantine the Great. At the dawn of the 4th century AD, Constantine converted to Christianity and subsequently changed the course of history. We will analyse the theological and politico-legal changes, as well as the art and architectural history of early Christianity, which were profoundly influenced by Constantine's reign.

**WEEKEND** **£310****16 – 18 July 2021** 2021NRX076**1521: the Spanish Conquest  
of the Aztecs***Dr Nicholas James*

2021 is the quincentenary of the Spanish conquest of the Aztecs. This course will explore the other side of this turning point in world history: the Aztecs' troubled rise to power and how they first repulsed the Conquistadores; how their descendants survived the Spanish empire; and how, still (if not for much longer), they maintain features of the ancient tradition today.

**WEEKEND** **£310****30 July – 1 August 2021** 202NRX075**Serving Queen and King:  
Sir Walter Raleigh and court  
politics in England, 1580–1620***Dr Mark Nicholls*

We explore life and politics at the courts of Elizabeth I and James VI and I through the career of Sir Walter Raleigh. Raleigh rose to favour under the 'Virgin Queen' but suffered disgrace, long imprisonment, and eventual execution at the hands of her successor. Alongside the politics, we also seek the truth behind myths and legends that surrounded Raleigh himself.

# Language and Culture

## WEEKEND £310

**2 – 4 October 2020** 2021NRX013

### **Coco Chanel: une femme, une vie, une époque**

*Mme Francine Rouanet-Démocrate*

The name Coco Chanel conjures up images of fashion and luxury, but who was the lady behind the label? From accusations of collaboration to friendship with Churchill, from secret children to financing Stravinsky, her own accounts have sometimes been exaggerated, but her life was certainly sensational. This course investigates the various facets of Chanel's life. This course is taught in French.

## DAY SCHOOL £115

**28 November 2020** 2021NDX012

### **Beyond Murakami: the essentials of Japanese contemporary literature**

*Dr Vicky Young*

Haruki Murakami brought contemporary Japanese literature to prominence in the West but he is far from the only author whose work is available in translation. This course provides a gentle introduction to the Japanese language through discussion of a selection of translated works, and how they fit into contemporary Japanese culture.

## WEEKEND £310

**2 – 4 October 2020** 2021NRX014

### **'The Other Russia': The Great Russian Exodus after the 1917 revolutions**

*Dr Vera Tsareva-Brauner*

This course explores the huge creative and cultural legacy of what is known as 'Russia Abroad'. We look at the works of Mikhail Bulgakov, Ivan Bunin, and Vladimir Nabokov in literature, Diaghilev's 'Ballet Russe' in music, art and ballet, and the Philosophy Steamer in terms of political and philosophical thought. This course is taught in Russian.

## WEEKEND £310

**11 – 13 December 2020** 2021NRX024

### **A Germanic Christmas and other winter customs in German-speaking countries**

*Paul Hoegger*

The mid-winter as well as the end of winter have long been a time of celebration around the world. Some of these traditions are linked to the birth of Jesus, some clearly pre-date Christianity, but many of them originate in the German-speaking territories. We will be exploring these origins and looking at how and why various customs, whether literary, musical, culinary or otherwise, have evolved differently in Germany, Austria and Switzerland. This course is taught in German.

**WEEKEND** **£310****11 – 13 December 2020** 2021NRX032**It all started with the Angles, the Saxons and the Jutes***Dr Karen Ottewell*

We trace the history of the English language from its Anglo-Saxon roots back in the 4th century AD through to its current status as a 'local' language with over 480 million speakers worldwide. This course gives an overview of the major stages in the history of the English language, as well as an insight into the key influences in its development.

**WEEKEND** **£310****26 – 28 March 2021** 2021NRX053**Exploring the Swiss democratic system***Paul Hoegger*

This course examines the Swiss democratic system. From the myth of William Tell, to the so-called half-direct democracy that it engendered, discover how the history of the system impacts Switzerland's relationship with the European Union today. This course is taught in German.

**WEEKEND** **£310****8 – 10 January 2021** 2021NRX033**Cultural traditions in Italian festivities***Dr Emanuela Davey*

Discover the traditions and festivities of Italy through the language. Experience some of the foods and music of particular celebrations, and discuss their context within contemporary Italian life. This course is taught in Italian.

**WEEKEND** **£310****16 – 18 April 2021** 2021NRX058**Post-Soviet Culture: Russian culture since Perestroika***Dr Vera Tsareva-Brauner*

We will explore the cultural discourse of Russia after the collapse of the USSR in 1991. Working with various media in Russian (texts, films, TV programmes and interviews), students will have a chance to study and analyse the effect of the huge cultural change that took place in Russia in the late 1980s-early 1990s onwards. This course is taught in Russian.

**WEEKEND****£310****25 – 27 June 2021**

2021NRX064

**La France profonde***Mme Francine Rouanet-Democrate*

This course explores the rich mosaic of climates, customs, cultures and even languages that have created contemporary France. You will gain a greater understanding of the country and its people through the lenses of history and politics. This course is taught in French.

**WEEKEND****£310****16 – 18 July 2021**

2021NRX079

**A cultural Grand Tour of Italy through literature***Dr Emanuela Davey*

This weekend forms part of the series 'A cultural Grand Tour of Italy', each dedicated to a different author, novel and region. Students will have the opportunity to read, translate and discuss modern literature in Italian, and to watch original audio-visual material. This course is taught in Italian.

**Classical Greek and Latin**

A variety of Greek and Latin language courses are detailed in the Ancient and Classical, Archaeology section on pages 11 – 14.





“There’s always something new to learn in life. That’s why I’ve studied more than 50 short and weekend courses at ICE. Studying here enriches my life and builds new friendships.”

Janet

# Literature and Film

## DAY SCHOOL £115

13 September 2020 2021NDX005

### One day, one novel: Margaret Atwood's Gilead novels

3 FOR £300  
OFFER  
see p62

*Dr Jenny Bavidge*

This day school is devoted to the study of Margaret Atwood's Gilead novels, *The Handmaid's Tale* (1985) and the Booker-winning sequel, *The Testaments* (2019). We discuss the politics, reception and adaptation of the novels, as well as their style of storytelling.

## WEEKEND £310

2 – 4 October 2020 2021NRX015

### Anglo-Saxon riddles in context

*Dr Edward James*

The riddles in Tolkien's *The Hobbit* are inspired by Anglo-Saxon riddles, which are best known from those written down in the Exeter Book. But the Anglo-Saxons were in turn inspired by Latin riddles. This course explores the whole culture of riddling in Europe, from ancient times to the present.

## WEEKEND £310

16 – 18 October 2020 2021NRX017

### The Humanities and climate crisis

*Dr Jenny Bavidge*

*Dr Simone Kotva*

How are the Humanities facing up to the realities of climate change? Drawing on insights, creative responses and challenging ideas from across disciplines including theology, literary studies and philosophy, we explore how art, spirituality and critical thinking might help us to reframe our relationship to the environment in a time of climate emergency. Open to all: scientists, environmentalists and all others are warmly welcomed.

## DAY SCHOOL £115

14 November 2020 2021NDX010

### Shakespeare and magic

*Valentin Gerlier*

Shakespeare made frequent use of magical devices, faery worlds and even the appearance of supernatural figures on stage to achieve his dramatic designs. This course will explore these themes, focusing on *A Midsummer Night's Dream*, *The Tempest*, *Macbeth* and *The Winter's Tale*.

**DAY SCHOOL** **£115****15 November 2020** 2021NDX011**One day, one director:  
Pedro Almodóvar***Dr Loreta Gandolfi***3 FOR £300  
OFFER**  
see p62

This day school will look at the daring and ingenious cinematic world of Pedro Almodóvar, whose films inevitably sparked energetic debates around his courageous formal and thematic choices. During the day we will look at the several phases of his creative universe, and analyse his approach to genre cinema.

**WEEKEND** **£310****27 – 29 November 2020** 2021NRX030**Animals in film***Dr Loreta Gandolfi**Dr Cecilia Muratori*

This course brings together philosophy and film studies to offer a unique visual and conceptual exploration of the relationship between humans and animals. Combining film discussion with philosophical analysis of key texts we will ask: Do animals act freely or are they rather like machines? Is the fact that they can't talk the main difference between us and them? How should we treat them?

**WEEKEND** **£310****27 – 29 November 2020** 2021NRX026**Feminism and fantasy by Virginia Woolf: *A room of One's Own* (1929) and *Orlando* (1928)***Claire Nicholson*

In the late 1920s, Woolf produced two landmark texts in feminism and fictional biography. The first is based upon a lecture she gave to female undergraduates in Cambridge, the second is a fantasy upon her friend and lover, Vita Sackville-West. We explore these two ground-breaking books and the questions they raise about women, education, gender, and literature.

**WEEKEND** **£310****8 – 10 January 2021** 2021NRX036**Dante's dark wood:  
introducing the *Divine Comedy****Dr Scott Annett*

This course explores Dante's writing, focusing on the *Divine Comedy*. Texts will be discussed in translation and particular attention will be paid to medieval culture and Dante's influence on English literature, including Chaucer. The final session will examine the impact of Dante's writing on modern authors, including Samuel Beckett, TS Eliot and Seamus Heaney.

**DAY SCHOOL** **£115****31 January 2021** 2021NDX019**One day, one director:  
Sofia Coppola****3 FOR £300  
OFFER**  
see p62*Dr Loreta Gandolfi*

It was clear at the outset that with the coming-of-age drama *The Virgin Suicides* Sofia Coppola was a new vibrant addition into the film landscape. As her cinema is characterised by several genre shifts, this day course will look at her corpus of work in its diversified thematic focuses.

**DAY SCHOOL** **£115****13 March 2021** 2021NDX021**Shakespeare and metaphor***Dr Josie O'Donoghue*

Shakespeare's work is full of metaphors. Some have worked their way into standard usage, whilst others sound strange to us today. We consider a range of metaphors in Shakespeare's poetry and plays, looking at significant sonnets and scenes closely, but also reflecting more broadly on the effects of metaphor.

**WEEKEND** **£310****12 – 14 March 2021** 2021NRX047**The Hollywood studios***Dr Colin Shindler*

We know all the introductions – the MGM lion, the Paramount Mountain, the Twentieth Century Fox searchlight. This is a short course analysing how the contract system for artists and technicians devised by the eight major studios made for an unparalleled creative environment that we now call the Golden Years of Hollywood.

**DAY SCHOOL** **£115****14 March 2021** 2021NDX022**One day, one novel:  
Jane Eyre****3 FOR £300  
OFFER**  
see p62*Dr Jenny Bavidge*

This day school will allow us to immerse ourselves in this remarkable novel and to hone our readings and reactions to it, with reference to the critical responses it has provoked since its publication in 1847.

**WEEKEND** **£310****16 – 18 April 2021** 2021NRX057**Shakespeare's Falstaff:  
in the tavern, on the battlefield  
and in love***Clare Smout*

Join us to explore the exploits of Shakespeare's most popular rogue, the fat knight Sir John Falstaff. We will examine his friendship with Prince Hal (later Henry V) and his attempts to court two (married) women simultaneously, alongside the other events and characters in *Henry IV, Part 1* and *The Merry Wives of Windsor*.

**DAY SCHOOL** **£115****26 June 2021** 2021NDX027**Shakespeare and monarchy***Dr Sean McEvoy*

Monarchs appear in most of Shakespeare's plays. But how do these plays explore how a monarch should rule? Or who should be the monarch? Or even whether monarchy is the best way of running a country? This study day will look at these matters, and others, in selected plays.

**DAY SCHOOL** **£115****27 June 2021** 2021NDX028**One day, one novel:  
*The Great Gatsby****Dr Jillian Spivey-Caddell*

Is *The Great Gatsby* still great? As we approach the 100th anniversary of FS Scott Fitzgerald's popular and influential novel of the Jazz Age, this course uses a variety of interpretive and theoretical approaches to explore *The Great Gatsby* within its own time and within ours.

**3 FOR £300  
OFFER**  
see p62
**WEEKEND** **£310****9 – 11 July 2021** 2021NRX074**Time for Proust***Dr Kim Eyre*

Have you ever vowed to find time for Proust? This weekend course, marking the 150th anniversary of Marcel's birth, is an opportunity to do so in the company of like-minded Proustians, budding or seasoned. We shall look at seven facets of time in Proust's magnum opus in a search to transform time lost into time regained.

**DAY SCHOOL****£115****11 July 2021**

2021NDX031

**One day, one director:  
Quentin Tarantino****3 FOR £300  
OFFER**  
see p62*Dr Loreta Gandolfi*

From *Reservoir Dogs* to *Pulp Fiction*, *Kill Bill*, *Inglorious Basterds*, *Django Unchained*, *The Hateful Eight* and *Once Upon A Time in Hollywood*, Quentin Tarantino has conquered popular and critical appeal worldwide. We consider his achievements and his legacy.

**WEEKEND****£310****30 July – 1 August 2021**

2021NRX080

**Cambridge writers and Cambridge readers, 1798–2020***Dr Claire Wilkinson*

This course will focus on a selection of poets, novelists, and critics – including Wordsworth, Tennyson, AS Byatt, and JH Prynne – who have studied and worked in Cambridge. Through close reading, we will learn how to develop our interpretation of literary material and consider how this can inform our responses to literature.



# Music

**WEEKEND** **£310**

**7 – 9 August 2020** 2021NRX003

## Music from the French Baroque and its influence on the English Restoration and JS Bach

*Dr David Ponsford*

French music during the reign of Louis XIV was refined, idiosyncratic, full of character, and had huge influence in Europe. This course will focus on chamber, orchestral, choral, harpsichord and organ music from 1660 to 1715. Its profound influence on composers such as Purcell and Bach will also be analysed and discussed.

**DAY SCHOOL** **£115**

**16 August 2020** 2021NDX002

## One day, one musician: Ludwig van Beethoven

3 FOR £300  
OFFER  
see p62

*Dr Chloe Valenti*

In his 250th anniversary year, this course celebrates the works of Ludwig van Beethoven in 19th century and present day contexts. From his transformation of pre-existing forms at the cusp of the Romantic era, his innovative approach to a range of music genres, to his musical and cultural legacy, explore why Beethoven continues to be a legendary figure in western music history.

**WEEKEND** **£310**

**16 – 18 October 2020** 2021NRX016

## Are strawberry fields forever?

*Derek Niemann*

*Stephen Ferron*

The Beatles were arguably the greatest creative and cultural phenomenon of the 20th century. This course offers a creative approach with an emphasis on interactive participation. Close examination of lyrics and melody alongside literature, interviews and film will provide an enhanced understanding of the group and stimulate an even greater appreciation of their music.

**DAY SCHOOL** **£115**

**13 December 2020** 2021NDX015

## One day, one musician: Maria Callas

3 FOR £300  
OFFER  
see p62

*Dr Robert Letellier*

One of the most renowned opera singers of the 20th century, Maria Callas, was more than simply an amazing voice. Leonard Bernstein described her as “the Bible of opera” and this course provides ample opportunity to enjoy her beautiful *bel canto* style.

**WEEKEND****£310****8 – 10 January 2021** 2021NRX035**Richard Wagner and the chronicles of medieval Christianity***Dr Robert Letellier*

The operas of Wagner's maturity have their sources equally in the Nordic and Christian heritage of Europe. From his second youthful work, *Das Liebesverbot*, he found inspiration in the records of medieval Christianity, with future operas examining concepts of redemption, and the pull between earthly delights and heavenly ideals – *Tannhäuser*, *Lohengrin* and *Parsifal*.

**WEEKEND****£310****12 – 14 February 2021** 2021NRX042**The Great British musical***Ian McMillan*

From Victorian operettas by Gilbert and Sullivan, to the global success of contemporary musicals by Andrew Lloyd Webber, via the gems by Noel Coward, Ivor Novello, Lionel Bart and David Heneker, you will explore the history and development of the Great British musical through recordings and show songs and choruses. No singing experience necessary!



**DAY SCHOOL****£115****28 March 2021**

2021NDX023

**One day, one musician:  
Bob Dylan****3 for £300  
OFFER**  
see p62*Dr Craig Jamieson*

Singer-songwriter, author, painter, welder, political conundrum and Nobel laureate, Bob Dylan has inspired many. This course looks at his career and illuminates lesser known aspects of this influential musician in the light of the recent book on his origins and very earliest influences: *Bob Dylan's Hibbing* (Hibbing : EDLIS Café Press, 2019, ISBN: 9781091782891).

**RETREAT****£650****26 – 30 July 2021**

2021NTX087

**The legend of Faust and its  
musical heritage***Dr Robert Letellier*

This retreat explores the enduring fascination of the story of Faust. Embodied in the plays of Marlowe and Goethe the legend has inspired a rich musical response. Operas by Gounod and Busoni, dramatic scenes by Beethoven and Berlioz, and symphonies by Liszt and Mahler provide the stimulus for you to gain a renewed appreciation for the thinker who sold his soul to the devil.

**WEEKEND****£310****2 – 4 July 2021**

2021NRX069

**Leonard Cohen and Bob Dylan***Professor Jem Poster  
Stephen Ferron*

Bob Dylan and Leonard Cohen are two of the most significant names in modern song writing. Focusing primarily, but not exclusively, on the songs written during the turbulent 1960s, such as *Like a Rolling Stone* or *Bird on the Wire*, this course will look closely at the work of both writers, addressing both lyrics and music.

# Philosophy, Creativity and Religion

**WEEKEND** **£310**

**2 – 4 October 2020** 2021NRX012

## An introduction to Islam and Islamic philosophy

*Dr Karim Esmail*

Islam is one of the great religions of the world. This course is an introduction to the religion: to its origins and early historical development; to its key text and beliefs and practices; and, to its main mystical element. It is also an introduction to the thought of some of its notable early philosophers.

**WEEKEND** **£310**

**13 – 15 November 2020** 2021NRX023

## Texts that didn't make it into the Bible

*Dr Jane McLarty*

On this course we will take a look at some of the lesser known early Christian narratives – such as the Gospel of Thomas, the Shepherd of Hermas and the Apocryphal Acts of the Apostles – and ask why they didn't make it into the canon.

**DAY SCHOOL** **£115**

**18 October 2020** 2021NDX009

## One day, one philosopher: Plato

3 FOR £300  
OFFER  
see p62

*Dr Karim Esmail*

Plato is one of the most influential of all philosophers. This course briefly considers the ancient Greek philosophers who preceded him, viz the pre-Socratics and Socrates. It then considers some of the key elements in Plato's thought: on the soul and its immortality in *Phaedo* and on the perfectly just city-state in the *Republic*.

**WEEKEND** **£310**

**13 – 15 November 2020** 2021NRX089

## An introduction to Chinese philosophy

*Dr James Giles*

One of the world's great philosophical traditions is that of China. Central to Chinese philosophy is a concern with the human condition and the ways in which human beings can live in harmony, both with each other and with heaven or the universe. In this course, we will explore the views of the various ancient philosophers and philosophical schools that have each contributed to the distinctness of the Chinese tradition. These include, Confucius, Mo Tzu, Mencius, Hsun Tzu, Han Fei Tzu, the philosophy of the *Book of Changes*, the school of Legalism, and Taoism.

**WEEKEND** **£310****27 – 29 November 2020** 2021NRX030**Animals in film***Dr Loreta Gandolfi**Dr Cecilia Muratori*

This course brings together philosophy and film studies to offer a unique visual and conceptual exploration of the relationship between humans and animals. Combining film discussion with philosophical analysis of key texts we will ask: Do animals act freely or are they rather like machines? Is the fact that they can't talk the main difference between us and them? How should we treat them?

**WEEKEND** **£310****8 – 10 January 2021** 2021NRX037**A short history of creativity***Dr Alex Carter**Abigail Docherty*

What does the history of creative ideas tell us about how we access creativity today? Come and explore 2,000 years of creative thought, from Aristotle to African Renaissances; from Freud and Jung's battle over the creative unconscious, to the ethical dilemmas of artificial intelligence that we face today.

**DAY SCHOOL** **£115****14 February 2021** 2021NDX020**One day, one philosopher:  
Hegel (on Love)***Dr Cecilia Muratori*

In an early fragment 'on Love', the philosopher GWF Hegel (1770 – 1831) writes that 'the lovers are a living whole'. What does it mean to love? Can it fuse separate individuals together into a wholeness? Is this fusion complete and everlasting? As we explore answers to these and other questions, we open an unusual perspective into one of the most influential philosophers.

**3 FOR £300  
OFFER**  
see p62
**WEEKEND** **£310****12 – 14 March 2021** 2021NRX048**The role of metaphors in science***Dr Hossein Dabbagh*

We consider the role metaphors play in the formation of scientific concepts and explain how metaphors work in the articulation of scientific theories. The course explores the understanding of metaphors among cognitive scientists and philosophers, and the relationship between metaphor and analogy. Finally, we examine different metaphorical works in the history of modern sciences by highlighting Boyle, Darwin, Carnot and Pasteur's arguments.

**DAY SCHOOL****£115****23 May 2021**

2021NDX026

**One day, one philosopher:  
Judith Butler****3 FOR £300  
OFFER**  
see p62*Julie Webb*

A day devoted to the exploration and discussion of ideas from the work of Judith Butler. Butler's work is wide-reaching in its comment upon individual bodies, collective narratives and public assemblies, and sheds light upon the nature of power both internally (psychic) and externally (social and political). How do her ideas inform our sense of self and others?

**RETREAT****£650****26 – 30 July 2021**

2021NTX088

**Wellbeing, philosophy, writing  
and practice***Julie Webb**Dr Alex Carter*

This unique retreat takes a multi-disciplinary approach. We explore a sense of wellbeing for ourselves via ideas and concepts from western and eastern philosophies. To this we add experiential personal development exercises from the realm of psychotherapy; creativity from the engagement with literature and reflective writing; and meditation practice from a variety of disciplines.

*Fee includes meals but no accommodation. See page 61 for more information.*

**WEEKEND****£310****25 – 27 June 2021**

2021NRX065

**The nature of knowledge***Dr Karim Esmail*

Epistemology is a key sub-discipline of philosophy, concerned in particular with the following questions: What is knowledge? How is knowledge acquired? Do we have knowledge? This course considers the first of these questions, from the tripartite analysis of knowledge to the principal theories about how belief is justified, viz reliabilism, foundationalism and coherentism.

**WEEKEND****£310****30 July – 1 August 2021**

2021NRX075

**The philosophy of Zen Buddhism***Dr James Giles*

Zen Buddhism is a school of thought that is the culmination and synthesis of diverse philosophical and religious traditions in India, China and Japan. In this course, we will trace the development of Zen Buddhism and examine its underlying philosophical principles. Starting with the Vedic roots of Buddhist thought, and the development of Mahayana Buddhism, the course will then move on to Chinese Zen Buddhism and its basis in Taoist philosophy. We will then explore the Zen philosophy of pivotal Japanese thinkers such as Dogen, Bankei, and Hakuin.

# Politics and Global Studies

## WEEKEND

£310

**14 – 16 August 2020** 2021NRX006

### Climate Change: negotiations and their impact

*Dr Calum Nicholson*

Over the last few decades, climate change has become the subject of intense international negotiations. We review their historical and political context, examines their nature and evolution, and assesses their consequences, particularly the gap between rhetoric and reality. How does this affect international development around the globe?

## WEEKEND

£310

**29 – 31 January 2021** 2021NRX039

### Refugees, populists and the people: causes and consequences of migration to Europe

*Dr Julius Rogenhofer*  
*Dr Naures Atto*

The so-called 'Refugee Crisis', and subsequent revival of populist politics in almost all of Europe's seemingly consolidated democracies, question aspirations of multi-culturalism, universal values and conventional distinctions between left-wing politics. This course explores these transformations from the perspectives of political systems and irregular migrants.

## DAY SCHOOL

£115

**3 October 2020** 2021NDX006

### Africa and technology

*Jenny Thornton*

Focusing on technology, we shed the negative stereotypes that have long misrepresented sub-Saharan Africa. The continent is being shaped and influenced by online interactions and technical hardware. We explore the impact of mobile money on the day-to-day lives of citizens, the extent of conflict minerals in electronics, and how the dominance of social media companies could constitute a new techno-colonialism.

## 3-DAY COURSE

£1950

**2 – 4 March 2021** 2021NDR401

### Leading and coaching across cultures

*Professor Philippe Rosinski*



Accredited by the International Coach Federation (ICF), this course will allow you to leverage cultural differences of all kinds to promote creativity, boost performance and enable unity with individuals, teams and organisations. On completion you will become certified to use the Cultural Orientations Framework (COF assessment), a roadmap to navigate the cultural terrain.

**2-DAY COURSE****£420****26 – 27 April 2021**

2021NDX432

**International business strategy: an introduction***Dr Sooter Nomwhange*

Cross-border business by corporations and countries remains one of the most viable sources of economic growth. Domestic businesses and professionals working for large multinationals need to develop insight into international business challenges. This course covers the essentials of multinational structure and internationalisation with up-to-date and practical knowledge.

**WEEKEND****£310****21 – 23 May 2021**

2021NRX062

**Demonstrations: causes, impact and response***Lucy McMahon**Sir Tony Brenton*

Protests and demonstrations are instruments used to effect political change outside 'normal' electoral or bureaucratic methods, particularly in states without formal political processes of civic representation or expression. They can provoke extensive shifts in policy, changes of government, state violence, political fragmentation and new forms of collaboration. Even where the aims of protesters are not clearly met, studying protests provides considerable insights into people's day to day political experiences as well as into the very concepts of democracy, state power, and the political more generally. This course will explore these insights by examining protests around the world from Brazil to Russia and the Middle East.



# Psychology and Social Sciences

## DAY SCHOOL £210

**15 October 2020** 2021NDX402  
**11 February 2021** 2021NDX404

### Sport and exercise psychology

*Professor Monèm Jemni*

This course is designed to help you to help others; providing you with the knowledge to develop the psychological factors, the emotions, the mental state of an individual and/or a group of athletes to better perform or to overcome some of their personal difficulties while training and competing.

## DAY SCHOOL £210

**23 October 2020** 2021NDX414  
**16 April 2021** 2021NDX430

### Wellbeing at work

*Laurie Parma*

This course is rooted in the psychology of wellbeing and organisational science, to convey the essential elements a collaborative, resilient and thriving workplace culture. A strong focus on the neuroscience of change management provides both a methodology for active culture design and the means to implement it.

## DAY SCHOOL £210

**3 November 2020** 2021NDX413

### Counselling skills: an introduction

*Julie Webb*

This course offers an introduction to theories, practice, and ethics that inform better communication in a variety of professional situations and everyday relationships. You will discover the benefits of active listening, empathic responding and emotional focusing to improve self-awareness, supported by material drawn from philosophy and Zen Buddhism, meditation and mindful approaches to wellbeing.

## DAY SCHOOL £149

**9 January 2021** 2021NDX425

### Artificial intelligence and us

*Dr Caterina Cinel*

Artificial Intelligence (AI) now seems to be everywhere, but what really is it, and how does it work? Where is it going and what is the future of the human-machine relationship? This course will provide you with an understanding of AI, how we can benefit from it, the challenges, the ethical concerns and its impact on society.

**WEEKEND****£310****26 – 28 March 2021**

2021NRX054

**Trajectories and turning points: an introduction to the sociology of the life course***Dr Nigel Kettley*

In this course, you will explore how your life may have been shaped by wider social processes. What is the impact of society on key turning points in your life, and to what extent are the choices you make your own? Sociological research on childhood, adolescence, adulthood and old age will be analysed to frame an understanding of your personal experience.

**DAY SCHOOL****£210****29 March 2021**

2021NDX407

**Introduction to cognitive psychology***Dr Fiona Essig*

How do we make sense of the world? How can we recognise things we have never seen before? Does the language we speak determine what we think? Why do we forget some things but remember others? If you have ever wondered about these questions, this introductory course on cognitive psychology will help you answer them.



**DAY SCHOOL** **£149****14 June 2021** 2021NDX438**Psychology of ageing***Dr Fiona Essig*

Ageing is inevitable, but what is the psychological impact? The course looks at cognitive abilities, some pathologies that can affect us in older age, and effect on mood and wellbeing. But this is not an overwhelmingly negative view – we will look at what science and individuals can do to maintain a happy and healthy brain in this time in life.

**DAY SCHOOL** **£149****4 July 2021** 2021NDX440**An introduction to canine behaviour and training***Dr Ambrose Tinarwo*

This day school enables participants to enhance their knowledge and understanding of canine behaviour and training. The use of clickers will be critically reviewed for example, as will the application of social dominance theory. Upon course completion you will have created a basic behaviour modification plan and applied the theory of learning into developing evidence-led training plans.

**DAY SCHOOL** **£149****3 July 2021** 2021NDX440**An introduction to applied animal behaviour and training***Dr Ambrose Tinarwo*

This course enables you to enhance your knowledge and understanding of animal behaviour and training. The potential applications of animal training theory are discussed and then enacted through planning, implementing and evaluating training programmes from an evidence-based perspective.

# Science and History of Science

## WEEKEND £310

**7 – 9 August 2020** 2021NRX001

### Tracing the origins of the British using genetics, linguistics and chroniclers

*Dr Peter Forster*

The Anglo-Saxons of Bede and Buchanan's early Britons from Gaul once offered certainty about the origins of the British, however the advances of DNA-based population genetics challenge these traditional views. This course encourages an understanding of DNA analysis and discusses the latest research.

## DAY SCHOOL £115

**12 September 2020** 2021NDX003

### Dynamic Earth: volcanoes, earthquakes and tsunamis

*Dr Peter Sheldon*

A look at some of the most powerful and dangerous forces on the Earth's surface and how different types of volcanoes and earthquakes can be related to their plate tectonic settings. Why are some volcanoes so explosive, why are certain areas prone to tsunamis, and can recent advances in Earth sciences help to predict these natural events?

## WEEKEND £310

**11 – 13 September 2020** 2021NRX007

### The evolution of human genetic diversity

*Dr Mircea Iliescu*

Modern humans evolved in Africa more than 200,000 years ago. Ever since, we have migrated and diversified. Through study of the human genome across the world, we explore human evolution and diversity to understand variation in traits such as skin colour, response to pathogens, and why only some of us take milk in our tea.

## SHORT WEEKEND £200

**3 – 4 October 2020** 2021NRX092

### Ancient technology

*Piers Bursill-Hall*

From the Pyramids to a calendrical computer, a long list of early technological innovations go far beyond the traditional view of early and 'primitive' technology. We explore technology that changed the course of history, technology that will astound, and technology that feels impossible but in fact is perfectly reasonable. Where we can, we also explore context and consequences of these ideas.

**DAY SCHOOL** **£115****29 November 2020** 2021NDX013**One day, one concept:  
robotics****3 FOR £300  
OFFER**  
see p62*Dr George Thomas Thuruthel*

From R2-D2 in *Star Wars*, robots are often spoken of as a futuristic or even alien concept but many are in use in our everyday lives. This course studies those currently in development, as well as placing the robots of today, and the future, in the context of the past 50 years.

**SHORT WEEKEND** **£200****9 – 10 January 2021** 2021NRX083**The essentials of astronomy***Dr Matthew Bothwell*

What is in the night sky? This weekend will offer a beginners' crash course in all things astronomical, from planets, stars, and galaxies, to astrophotography and even some (weather dependent!) stargazing.

**WEEKEND** **£310****11 – 13 December 2020** 2021NRX034**The frontiers of astronomy, 2020***Dr Robin Catchpole*

The frontier of our knowledge stretches from our Solar System, to the creation of our universe. The frontier posts are marked by questions: Is there life elsewhere? Where were the elements made? How was our galaxy made? What are Black Holes? What is Dark Matter? What is Vacuum Energy? How did our Universe begin? Is there intelligent life elsewhere?

**WEEKEND** **£310****29 – 31 January 2021** 2021NRX041**Redesigning the future: new  
materials and their application***Dr Darshil Shah and Dr Luisa Pedro*

As humans have evolved, so have the materials they use to improve their quality of life and adapt to their environment. In a journey which takes us from the individual – to societal-level, and from human health to sustainable buildings, we explore how the newest synthetic and natural materials equip us to address global challenges.

**WEEKEND** **£310****12 – 14 February 2021** 2021NRX043**Charles Darwin: history and legacy***Craig Gershtater*

We assess how Darwin's legacy extends into many branches of modern biology and other life sciences with varying degrees of acceptance and controversy. We conclude with a discussion of how the theory of natural selection and evolution has become a 'universal' concept of Darwinism, and how environmental adaptation can be ascribed to other disciplines including literature, music, and mathematics.

**WEEKEND** **£310****12 – 14 March 2021** 2021NRX049**Further geology: more rocks, minerals and fossils***Dr Peter Sheldon*

This course will particularly appeal to those who already have a little knowledge of geology. With the help of geological specimens, learn how to recognise various igneous, sedimentary and metamorphic rocks, and the processes and ancient environments they reveal. Other topics will include folds and faults, dating techniques, and geological maps.

**WEEKEND** **£310****26 – 28 March 2021** 2021NRX050**Forensic science***Dr Peter Forster**Dr Corinne Duhig**Dr Lata Gautam*

Solving forensic cases requires diverse techniques. In this course, practitioners show how they use DNA analysis, drugs and forensic toxicology, and anthropological expertise in their casework. You will also excavate a 'murder victim' and learn to analyse the skeleton.

**DAY SCHOOL** **£115****18 April 2021** 2021NDX024**One day, one concept: statistics***Dr Vasos Pavlika*

Statistics are used everywhere, by the media and politicians as well as scientists, but what do they mean? This course will study descriptive and inferential statistics, as well as the laws of probability, and put them into their historical context and everyday modern life. This course does not require any prior knowledge, but GCSE level maths would be an advantage.

**3 FOR £300  
OFFER**  
see p62

**WEEKEND** **£310****25 – 27 June 2021** 2021NRX063**The geological history of Britain***Dr Peter Sheldon*

Almost everywhere in Britain has at some stage been torn by earthquakes, scorched by volcanoes, scraped by ice or raised to high mountains. We will piece together the evidence for this dramatic past from the rocks, minerals and fossils found all over the country. The course will include a field trip to a quarry and is suitable for beginners.

**WEEKEND** **£310****9 – 11 July 2021** 2021NRX071**Ancient medicine***Piers Bursill-Hall*

Early medicine is a complicated story of sometimes very sophisticated ideas and sometimes remarkably primitive ideas. What ancient Egyptians and Greeks looked for in healthcare was not like modern ideas, and 'scientific' medicine was neither very good nor an obvious route to take. These lectures will look at how rationalist or scientific medicine was formed and grew, and the challenges it faced.

**WEEKEND** **£310****16 – 18 July 2021** 2021NRX077**The medicinal use of plants***Dr Patrick Harding*

From yew tree extracts for cancer treatment to medicinal cannabis, this course examines the history of plant use in medicine and how a range of plant compounds act in the body. It includes a visit to Cambridge University Botanic Garden and study of the medicinal plants grown at Maddingley Hall.

**DAY SCHOOL** **£115****18 July 2021** 2021NDX013**One day, one concept:  
antimicrobial resistance***Dr Tom O'Brien*

Antimicrobial resistance (AMR) is one of the greatest threats facing modern medicine today. Here we will explore the various tactics microorganisms use in their rapid development of AMR. We ask what can be done to prevent the dissemination of resistance and develop new effective antimicrobial treatments.

**3 FOR £300  
OFFER**  
see p62



## Medical courses

We also offer modular medical courses in genomic medicine and clinical research, education and leadership

Please see [www.ice.cam.ac.uk/genomic\\_medicine](http://www.ice.cam.ac.uk/genomic_medicine) and [www.ice.cam.ac.uk/crel](http://www.ice.cam.ac.uk/crel) for more information.

# Retreats

Following student requests we are delighted to offer some further retreats at Madingley Hall in 2020–2021.

## RETREAT £995

**17 – 22 August 2020** 2021NTX089

### The Silk Route

*Dr Susan Whitfield*

*Dr Francis Woodman et al.*

The Silk Route will run from 17 – 21 August 2020 and invited speakers will address a wide range of topics and subject areas which are likely to include, but are not limited to:

- The Silk Road and before: Afro-Eurasian interactions
- The discovery of the Kingdoms of the Eastern Silk Road
- Roll out the Carpet – Silk Road carpets in late Medieval and early Renaissance art
- The truth about Marco Polo
- The architecture of the Umayyads and Seljuks
- Precious stones and precious metal for Tang China
- Castles of the Crusades
- Food and the foreign in ancient China
- Ottoman architecture, the end of the road

Departure follows breakfast on Saturday 22 August 2020.

**Tuition fees include a buffet lunch and college-style dinner.**

## RETREAT £650

**26 – 30 July 2021** 2021NTX087

### The legend of Faust and its musical heritage

*Dr Robert Letellier*

On the music retreat, in addition to the lectures, there will be time to simply listen to longer works as a group, or individually in the wonderful setting of Madingley Hall.

## RETREAT £650

**26 – 30 July 2021** 2021NTX088

### Wellbeing through philosophy and writing

*Julie Webb and Dr Alex Carter*

The wellbeing retreat will include elements such as meditation alongside interesting and informative sessions.

## RETREAT £490

**15 – 21 August 2020** 2021NRX205

**14 – 20 February 2021** 2021NRX206

**11-16 July 2021** 2021NTX208

### Creative writing

*Dr Sarah Burton and Professor Jem Poster*

Our creative writing retreats are designed for those who 'just want to write'. This is the perfect opportunity to finish (or perhaps) start that writing project. Optional morning workshops are on offer to all participants. One-to-one supervisions with professional writers are available at an additional cost.

## Returning to study

In addition to our subject-based courses, ICE will offer 'returning to study' day schools in 2021.



**28 February 2021, 1 March 2021, 16 May 2021, 17 May 2021**

We understand that returning to study can be daunting. You may not know what to expect or what type or level of study would suit you. It could be some time since you have written an essay or used skills such as, critical thinking, reading and writing or time management.

These study days will introduce and consider some of the key study skills needed across our portfolio of courses. Each 'Returning to Study' course will offer the opportunity to meet several of ICE's Academic Directors and to speak with them directly about what it is like studying their courses.

Please see [www.ice.cam.ac.uk/return-to-study](http://www.ice.cam.ac.uk/return-to-study) after 1 May for further details.



## Super Tuesdays

Our Tuesday courses provide the perfect opportunity to try out a new subject.

Available across a range of multi-disciplinary topics, our half-day courses feature the latest research from the University in a bite-size and accessible format.

Tutors, titles and sessions will be confirmed on 1 May 2020 at [www.ice.cam.ac.uk/super-tuesdays](http://www.ice.cam.ac.uk/super-tuesdays)

# Special offer – One day, one...

'One day, one...' Offer

**Book any three 'One day, one...' for £300\***

These courses provide insight into one person, novel or concept in the space of a day. It may be a book that you have always wanted to read or a well-loved artist. Our expert tutors facilitate a deeper understanding of a specific subject.

Take advantage of our special offer and save £45 when you book three of our \*courses.

Date	Subject
16 August 2020	One day, one musician: Ludwig van Beethoven
13 September 2020	One day, one novel: Margaret Atwood's Gilead novels
4 October 2020	One day, one master: Artemisia Gentileschi
18 October 2020	One day, one philosopher: Plato
15 November 2020	One day, one director: Pedro Almodovar
29 November 2020	One day, one concept: Robotics
13 December 2020	One day, one musician: Maria Callas
10 January 2021	One day, one master: Henri Matisse
31 January 2021	One day, one director: Sofia Coppola
14 February 2021	One day, one philosopher: Hegel (on <i>Love</i> )
14 March 2021	One day, one novel: <i>Jane Eyre</i>
28 March 2021	One day, one musician: Bob Dylan
18 April 2021	One day, one concept: renewable energy
23 May 2021	One day, one philosopher: Judith Butler
27 June 2021	One day, one novel: <i>The Great Gatsby</i>
27 June 2021	One day, one master: Leonardo da Vinci
11 July 2021	One day, one director: Quentin Tarantino
18 July 2021	One day, one concept: antimicrobial resistance

Please email [shortcourses@ice.cam.ac.uk](mailto:shortcourses@ice.cam.ac.uk) or telephone our admissions team on 01223 746262 if you have any questions or would like to book a place.

*\*This offer only applies to the 'One day, one...' courses above which take place on Sundays. The reduced rate will be applied to the third booking and cannot be used in conjunction with any other offer.*

# Courses by date

Start date	Course title	Tutor(s)	Page(s)
01/08/2020	Imposter syndrome	Roger Fielding	22
07/08/2020	Tracing the origins of the British using genetics, linguistics and chronicles	Dr Peter Forster	55
07/08/2020	Britain in the 1960s	Dr Colin Shindler	32
07/08/2020	Music from the French Baroque and its influence on the English Restoration and JS Bach	Dr David Ponsford	44
07/08/2020	How to write a play in three days	Abigail Docherty	25
14/08/2020	A floral feast: flowers in art, culture and gardens from the ancient world to the modern	Caroline Holmes Twigs Way	15
14/08/2020	Climate Change: negotiations and their impact	Dr Calum Nicholson	50
15/08/2020	Tombs, texts and the realm of the dead	Dr Nigel Strudwick	11
15/08/2020	Creative writing retreat	Dr Sarah Burton Professor Jem Poster	25, 60
16/08/2020	One day, one musician: Beethoven	Dr Chloe Valenti	44
17/08/2020	The Silk Route	Dr Francis Woodman	15, 60
11/09/2020	The evolution of human genetic diversity	Dr Mircea Iliescu	55
11/09/2020	Writing the news	Tony Padman	25
11/09/2020	Introduction to 20th century architecture	Dr Sarah Pearson	15
11/09/2020	1620–2020 The anniversary of the Mayflower	Dr Ian Chambers	32
12/09/2020	Dynamic Earth: volcanoes, earthquakes and tsunamis	Dr Peter Sheldon	55
13/09/2020	Beginner Latin: Pompeii	Dr Anna di Giovannantonio	11
13/09/2020	One day, one novel: Margaret Atwood's Gilead novels	Dr Jenny Bavidge	39
02/10/2020	An introduction to Islam and Islamic philosophy	Dr Karim Esmail	47

Start date	Course title	Tutor(s)	Page(s)
02/10/2020	Coco Chanel: une femme, une vie, une époque	Mme Francine Rouanet-Démocrate	35
02/10/2020	'The Other Russia': The Great Russian Exodus after the 1917 revolutions	Dr Vera Tsareva-Brauner	35
02/10/2020	Anglo-Saxon riddles in context	Dr Edward James	39
03/10/2020	Africa and technology	Jenny Thornton	50
03/10/2020	Ancient technology	Piers Bursill-Hall	55
04/10/2020	One day, one master: Artemisia Gentileschi	Dr Aleksandra Kounty-Jones	15
09/10/2020	Growing a coaching nature	Margaret Walsh	22
14/10/2020	Sport and exercise coaching science	Professor Monèm Jemni	22
15/10/2020	Sport and exercise psychology	Professor Monèm Jemni	52
16/10/2020	Are strawberry fields forever?	Derek Niemann Stephen Ferron	44
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## A unique conference venue

Built in the 16th century, Madingley Hall provides a wonderful setting for conferences and events. This elegant country house has 16 well-equipped meeting rooms which can accommodate up to 100 delegates, and tasteful bed and breakfast accommodation.

We cater for all occasions, including business conferences, meetings, weddings, and other events.

Find out more at [www.madingleyhall.co.uk](http://www.madingleyhall.co.uk) or phone +44 (0)1223 746222

# Fees and bursaries

## Fees

Tuition fees are listed beside the courses. Fees vary according to course format.

Accommodation at Madingley Hall is available to students at a rate of £60 per night for a single room, including breakfast. If two students wish to share a double/twin room, the rate reduces to £50 per student.

For residential courses, a deposit of 15% is taken upon booking. Bookings are not confirmed until the deposit has been paid.

The balance of payment will be required two weeks before the course start date.

For weekly courses, day schools and shorter, the full fee is required to confirm a place on the course.

## Bursaries

We aim to promote the widest possible access for learners to the University of Cambridge. However, we know that for many prospective students, paying for the costs of studying can be challenging. We are particularly keen to provide financial support for students from economically disadvantaged backgrounds, underrepresented groups in university-led higher education and people who have not previously studied at university-level.

To this end, we have some bursary schemes available to help remove or reduce this potential barrier to learning with us.

Please see our website at [www.ice.cam.ac.uk/bursaries](http://www.ice.cam.ac.uk/bursaries) for further details.

“The 50% discount for teachers was a great bonus! I took part in science journalism and creative writing course as I have ambitions to be a writer and felt I needed some professional support and input.”

Rashida



# Course requirements

## Who can book?

We welcome bookings from adults of all ages, regardless of educational background. No academic qualification is required, and most courses are suitable for students who are new to the subject.

## English language requirements

To ensure that all students on our courses are able to enjoy studying with us, if English is not your native language, you will need to be confident understanding and following arguments presented in written and spoken English at university level. As a guide, an IELTS level of 6.5 is preferred, with 7.0 for those wishing to study creative writing.

## Visas

Our short courses can often be studied on a Standard Visitor visa, as long as it is not the main reason for your entry into the UK. Please see our website at [www.ice.cam.ac.uk/info-for-applicants](http://www.ice.cam.ac.uk/info-for-applicants) for the most up-to-date information.

## Minimum age to study

Whilst we promote an atmosphere of inclusivity at ICE, we are an adult learning institution and therefore the minimum age to study with us is normally 18. Occasionally we may be able to accept 16 – 17 year olds. We don't accept applications from students under the age of 16. Anyone under the age of 18 must be accompanied by a chaperone.

The chaperone is responsible for the safeguarding of the student and must be in the room with the student throughout the course, even if they are not studying on the course themselves.

To ensure safeguarding for all tutors and students, those under the age of 18 will need to provide proof of age on arrival.

Email [shortcourses@ice.cam.ac.uk](mailto:shortcourses@ice.cam.ac.uk) for information about chaperones, guests, and carers.





“The social aspect of studying alongside my fellow learners has been a real positive. It's an experience that has opened up previously unexplored worlds.”

Samantha

# How to book

The quickest way to book is online at [www.ice.cam.ac.uk/shortcourses](http://www.ice.cam.ac.uk/shortcourses) using our secure online booking system and paying by credit or debit card.

If you would like to book by telephone, please call our admissions team on 01223 746262.

For course enquiries, please email [shortcourses@ice.cam.ac.uk](mailto:shortcourses@ice.cam.ac.uk) or telephone 01223 764637.

## What happens next?

Once you have booked a course you will receive an automated confirmation of your booking and payment. If you do not have an email address, these will be posted out to you.

Before the course start date you will receive an automated email indicating that the course materials (course overview and reading list) are available online. We aim to email these at least a fortnight in advance of the course and some are sent much further ahead. If you do not have access to email, we are happy to post materials where necessary.

Please note that an overview of Tuesday courses will not be sent in advance, but are available on our website.

The availability of printed course materials during the course varies, at the discretion of the tutor.

## Cancellations and refunds policy

If you decide to cancel your place on a course, you are entitled to a full refund if the cancellation is made within 14 days of receiving your order confirmation.

The University of Cambridge reserves the right to amend, postpone or withdraw courses or sessions should circumstances demand. In such circumstances, we will endeavour to provide a substitute of equal standing, or we may offer alternative courses. Should a course have to be cancelled due to very low enrolment, or last-minute unforeseen circumstances, any participant enrolled on that course will be contacted immediately and a full refund or transfer offered. We are unable to reimburse the cost of any pre-booked travel arrangements.

Please visit <http://www.ice.cam.ac.uk/info/cancellations-and-refunds-policy> for more information.

## Additional requirements

We make every effort to accommodate the needs of those with additional dietary, learning, access, and medical requirements. Please indicate your requirements during the booking process and we will contact you if we need further information.

# How to find us

The Institute of Continuing Education is based at Madingley Hall in the village of Madingley, three miles west of Cambridge. For directions and maps see [www.ice.cam.ac.uk/directions](http://www.ice.cam.ac.uk/directions)



## By rail

Cambridge Main Railway Station can be reached using the frequent fast service from London King's Cross or Liverpool Street. Trains to Peterborough, or Stevenage, link Cambridge with the East Coast Main Line to the North and Scotland, as well as the Midlands.

## By road

Madingley Hall is easily accessible from the M11, A14 and A428. There is ample parking at the Hall. If you cycle, there is a designated parking area for cyclists situated at the front of the Hall. Our postcode is CB23 8AQ.

## By air

London Stansted is the nearest international airport to Cambridge, located just 30 miles south of the city, with easy access to the city centre by train or coach.



## Shuttle bus

Our free shuttle bus runs on a fixed schedule between Cambridge Main Railway Station and Madingley Hall.

For more information on the shuttle bus schedule and timetable, please visit [www.ice.cam.ac.uk/about-us/how-find-us](http://www.ice.cam.ac.uk/about-us/how-find-us)



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**Contact us:**

University of Cambridge  
Institute of Continuing Education  
Maddingley Hall  
Maddingley  
Cambridge  
CB23 8AQ  
UK

Tel: +44 (0)1223 764637

Email: [shortcourses@ice.cam.ac.uk](mailto:shortcourses@ice.cam.ac.uk)

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